# It's On Us FAQs

## What is It's On Us?

It's On Us is a national campaign to end sexual assault on college campuses. Since 2014, It's On Us has created a campus climate that is informed and supportive of survivors as well as one that actively works to prevent sexual violence. Through collaboration with the university Title IX Team, faculty and staff advisers, and our student leadership and subcommittee team, our campus has become a supportive environment for this growing movement.

#### What is the It's On Us mission?

The mission of **It's On Us** at St. Edward's University is to prevent sexual violence in our community by educating as many students as possible on the intricacies of the issue. We strive to create a supportive and empowering environment for survivors by providing resources and doing all of our work through a deep understanding of the complexities of trauma caused by sexual violence. We accomplish this mission through peer to peer education, comprehensive student bystander training, facilitating conversations around the causes of sexual violence culture, and informing students on how to care for themselves and others after experiencing trauma.

# As a student, how can I get involved with It's On Us?

It's On Us regularly hosts events that are open to all students on campus, and we would love for you to join us! Find us on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u>, or send an email to itsonussteds@gmail.com to reach a member of our team. You can check out our past posts on our social media if you want to see what kinds of events we do! If you'd like to volunteer with us, send us an email and we will get back to you with details. To get involved with our leadership team, applications open every semester.

#### How can I be more informed?

We do all our work through a four pillar model. Click on each pillar listed below to learn more about what we do.

## Our four pillars:

- Education and Awareness
- Skill Building
- Action and Advocacy
- Survivor Healing and Empowerment

#### A note for survivors:

If you have experienced any kind of sexual violence, we want you to know that you are never alone and we are here for you. We know that it can be a confusing and overwhelming experience, and we want you to know that It's On Us is a community of support on campus. We

want you to be aware of the resources you have access to on campus, and we encourage you to use whichever resources feel most comfortable to you. Please see below for campus resources (including confidential and non-confidential) and community resources.

# Campus Resources

# **Confidential Resources**

# **During business hours**

- Health and Counseling Center (Counseling) 512-448-8538
- Health and Counseling Center (Advocates) 512-448-8538
- Campus Ministry (Father Peter, Sacrament of Reconciliation confession) 512-448-8499

#### **After Hours**

• Call UPD to connect with the counselor on-call - 512-448-8444

## **Non-Confidential**

# **During Business Hours**

- Dean of Students Office 512-448-8408
- Human Resources 512-448-8587

# **During Business Hours and After Hours**

• Campus Safety - 512-448-8444

## Community Resources

• SAFE - 24/7 SAFEline, call 512-267-7233 or text 737-888-7233